


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
WEEK 1						January 1		January 2	
	January 2026 					Sites Closed New Year's Day Observed		4 oz. Krab Salad ½ c. Macaroni Salad ½ c. Cucumber & Onion Salad 1 sl. Whole Grain Bread 8 oz. 1% Milk	
WEEK 1	January 5	January 6	January 7	January 8	January 9				
	3 oz. <u>BBQ Pulled Pork</u> ½ c. Turnip Greens ½ c. Hoppin' Johns 1 Hamburger Bun Special Holiday Dessert 8 oz. 1% Milk <u>NEW YEAR'S CELEBRATION</u>	3 oz. <u>Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. <u>Sweet and Sour Drumsticks</u> ½ c. Peas ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	3 oz. <u>Pork Loin w/Mushroom Gravy</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	3 oz. <u>Sloppy Joe</u> ½ c. Baked Beans ½ c. Potato Salad 1 Hamburger Bun ½ c. Applesauce 8 oz. 1% Milk				
WEEK 2	January 12	January 13	January 14	January 15	January 16				
	3 oz. <u>BBQ Pork Riblet Sandwich</u> ½ c. Garlic Mashed Potatoes ½ c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk	8 oz. <u>Three Bean & Beef Chili</u> ½ c. White Rice ½ c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	8 oz. <u>Stuffed Pasta w/Spinach Alfredo</u> ½ c. Peas and Carrots ½ c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	3 oz. <u>Oven Fried Chicken</u> ½ c. Collard Greens ½ c. Black Eyed Peas 1 Corn Muffin 1 Margarine Cup Special Holiday Dessert 8 oz. 1% Milk <u>MARTIN LUTHER KING, JR. DAY CELEBRATION</u>	3 oz. <u>Marinara Chicken Thigh</u> ½ c. Pasta ½ c. Country Vegetables ½ oz. Shredded Cheese 1 Whole Grain Roll 8 oz. 1% Milk				
WEEK 3	January 19	January 20	January 21	January 22	January 23				
	Sites Closed MLK DAY	3 oz. <u>Chicken w/Country Pepper Gravy</u> ½ c. Green Beans ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll ½ c. Applesauce 8 oz. 1% Milk	8 oz. <u>Spaghetti w/Meatballs Marinara</u> ½ c. Peas and Carrots ½ c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. <u>Hot Dog</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	3 oz. <u>BBQ Chicken Drumsticks</u> ½ c. Black Eyed Peas ½ c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk				
WEEK 4	January 26	January 27	January 28	January 29	January 30				
	3 oz. <u>Meatballs w/Gravy</u> ½ c. Glazed Carrots ½ c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk	3 oz. <u>Hamburger</u> ½ c. Baked Beans ½ c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	3 oz. <u>Chicken Thigh w/Gravy</u> ½ c. Brown Rice ½ c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	8 oz. <u>Penne Lasagna Casserole</u> ½ c. Peas and Carrots ½ c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. <u>Pork Loin w/Apple Brown Gravy</u> ½ c. Pinto Beans ½ c. Green Beans 1 sl. Whole Grain Bread ½ c. Applesauce 8 oz. 1% Milk				



Meatballs contain **Chicken & Beef**Meatloaf & Beef Patty contain **Beef**

Approved By (Project Nutritionist):





PhD, RDN, LD/N

Date: 12/11/2025

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 2		February 3	February 4	February 5	February 6
WEEK 1	8 oz. Chicken Parmesan Casserole ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. Teriyaki Meatballs ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. Sweet and Sour Drumsticks ½ c. Peas ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	3 oz. Pork Loin w/Mushroom Gravy ½ c. Northern Beans w/Peppers & Onion ½ c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	3 oz. Sloppy Joe ½ c. Baked Beans ½ c. Potato Salad 1 Hamburger Bun ½ c. Applesauce 8 oz. 1% Milk
	February 9	February 10	February 11	February 12	February 13
	3 oz. BBQ Pork Riblet Sandwich ½ c. Garlic Mashed Potatoes ½ c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk	8 oz. Three Bean & Beef Chili ½ c. White Rice ½ c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	8 oz. Stuffed Pasta w/Spinach Alfredo ½ c. Peas and Carrots ½ c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	3 oz. Meatloaf w/Brown Gravy ½ c. Black Eyed Peas ½ c. Collard Greens 1 Corn Muffin 8 oz. 1% Milk	3 oz. Roast Beef w/Gravy ½ c. Garlic Mashed Potatoes ½ c. Brussel Sprouts 1 Dinner Roll Special Holiday Dessert 8 oz. 1% Milk VALENTINE'S DAY CELEBRATION
	February 16	February 17	February 18	February 19	February 20
	8 oz. Brunswick Stew ½ c. White Rice ½ c. Butternut Squash 1 sl. White Bread 8 oz. 1% Milk	3 oz. Chicken w/Country Pepper Gravy ½ c. Green Beans ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll ½ c. Applesauce 8 oz. 1% Milk	8 oz. Spaghetti w/Meatballs Marinara ½ c. Peas and Carrots ½ c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. Hot Dog ½ c. Northern Beans w/Peppers & Onion ½ c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	3 oz. BBQ Chicken Drumsticks ½ c. Black Eyed Peas ½ c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk
WEEK 3	February 23	February 24	February 25	February 26	February 27
	3 oz. Meatballs w/Gravy ½ c. Glazed Carrots ½ c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk	3 oz. Hamburger ½ c. Baked Beans ½ c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	3 oz. Chicken Thigh w/Gravy ½ c. Brown Rice ½ c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	8 oz. Penne Lasagna Casserole ½ c. Peas and Carrots ½ c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	3 oz. Pork Loin w/Apple Brown Gravy ½ c. Pinto Beans ½ c. Green Beans 1 sl. Whole Grain Bread ½ c. Applesauce 8 oz. 1% Milk
WEEK 4					
		February 2026 			

Meatballs contain **Chicken & Beef**Meatloaf & Beef Patty contain **Beef**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	March 2 <u>8 oz. Chicken Parmesan Casserole</u> ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	March 3 <u>3 oz. Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	March 4 <u>3 oz. Sweet and Sour Drumsticks</u> ½ c. Peas ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	March 5 <u>3 oz. Pork Loin w/Mushroom Gravy</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	March 6 <u>3 oz. Sloppy Joe</u> ½ c. Baked Beans ½ c. Potato Salad 1 Hamburger Bun ½ c. Applesauce 8 oz. 1% Milk
	March 9 <u>3 oz. BBQ Pork Riblet Sandwich</u> ½ c. Garlic Mashed Potatoes ½ c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk	March 10 <u>8 oz. Three Bean & Beef Chili</u> ½ c. White Rice ½ c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	March 11 <u>8 oz. Stuffed Pasta w/Spinach Alfredo</u> ½ c. Peas and Carrots ½ c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	March 12 <u>3 oz. Meatloaf w/Brown Gravy</u> ½ c. Black Eyed Peas ½ c. Collard Greens 1 Corn Muffin 8 oz. 1% Milk	March 13 <u>3 oz. Marinara Chicken Thigh</u> ½ c. Pasta ½ c. Country Vegetables ½ oz. Shredded Cheese 1 Whole Grain Roll 8 oz. 1% Milk
WEEK 2	March 16 <u>8 oz. Brunswick Stew</u> ½ c. White Rice ½ c. Butternut Squash 1 sl. White Bread 8 oz. 1% Milk	March 17 <u>8 oz. Irish Beef Stew</u> ½ c. Steamed Cabbage ½ c. Chunky Cinnamon Apples 1 Corn Muffin Margarine Cup Special Holiday Dessert 8 oz. 1% Milk <u>ST. PATRICK'S DAY CELEBRATION</u>	March 18 <u>8 oz. Spaghetti w/Meatballs Marinara</u> ½ c. Peas and Carrots ½ c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	March 19 <u>3 oz. Hot Dog</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	March 20 <u>3 oz. BBQ Chicken Drumsticks</u> ½ c. Black Eyed Peas ½ c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk
	March 23 <u>3 oz. Meatballs w/Gravy</u> ½ c. Glazed Carrots ½ c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk	March 24 <u>3 oz. Hamburger</u> ½ c. Baked Beans ½ c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	March 25 <u>3 oz. Chicken Thigh w/Gravy</u> ½ c. Brown Rice ½ c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	March 26 <u>8 oz. Penne Lasagna Casserole</u> ½ c. Peas and Carrots ½ c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	March 27 <u>3 oz. Pork Loin w/Apple Brown Gravy</u> ½ c. Pinto Beans ½ c. Green Beans 1 sl. Whole Grain Bread ½ c. Applesauce 8 oz. 1% Milk
WEEK 3	March 30 <u>8 oz. Chicken Parmesan Casserole</u> ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	March 31 <u>3 oz. Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	March 2026 		
WEEK 4					

Meatballs contain **Chicken & Beef** Meatloaf & Beef Patty contain **Beef**Approved By (Project Nutritionist): Whitney B. PhD, RDN, LD/NDate: 12/11/2025