

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 2026				January 1	January 2
				Sites Closed New Year's Day Observed	4 oz. Krab Salad 1/2 c. Macaroni Salad 1/2 c. Cucumber & Onion Salad 1 sl. Whole Grain Bread 8 oz. 1% Milk
January 5		January 6	January 7	January 8	January 9
<u>3 oz. BBQ Pulled Pork</u> 1/2 c. Turnip Greens 1/2 c. Hoppin' Johns 1 Hamburger Bun Special Holiday Dessert 8 oz. 1% Milk <u>NEW YEAR'S CELEBRATION</u>		<u>3 oz. Teriyaki Meatballs</u> 1/2 c. Brown Rice 1/2 c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Sweet and Sour Drumsticks</u> 1/2 c. Peas 1/2 c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>3 oz. Pork Loin w/Mushroom Gravy</u> 1/2 c. Northern Beans w/Peppers & Onion 1/2 c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	<u>3 oz. Sloppy Joe</u> 1/2 c. Baked Beans 1/2 c. Potato Salad 1 Hamburger Bun 1/2 c. Applesauce 8 oz. 1% Milk
January 12		January 13	January 14	January 15	January 16
<u>3 oz. BBQ Pork Riblet Sandwich</u> 1/2 c. Garlic Mashed Potatoes 1/2 c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk		<u>8 oz. Three Bean & Beef Chili</u> 1/2 c. White Rice 1/2 c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	<u>8 oz. Stuffed Pasta w/Spinach Alfredo</u> 1/2 c. Peas and Carrots 1/2 c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>3 oz. Oven Fried Chicken</u> 1/2 c. Collard Greens 1/2 c. Black Eyed Peas 1 Corn Muffin 1 Margarine Cup Special Holiday Dessert 8 oz. 1% Milk <u>MARTIN LUTHER KING, JR. DAY CELEBRATION</u>	<u>3 oz. Marinara Chicken Thigh</u> 1/2 c. Pasta 1/2 c. Country Vegetables 1/2 oz. Shredded Cheese 1 Whole Grain Roll 8 oz. 1% Milk
January 19		January 20	January 21	January 22	January 23
Sites Closed MLK DAY		<u>3 oz. Chicken w/Country Pepper Gravy</u> 1/2 c. Green Beans 1/2 c. Garlic Mashed Potatoes 1 Whole Grain Roll 1/2 c. Applesauce 8 oz. 1% Milk	<u>8 oz. Spaghetti w/Meatballs Marinara</u> 1/2 c. Peas and Carrots 1/2 c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Hot Dog</u> 1/2 c. Northern Beans w/Peppers & Onion 1/2 c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>3 oz. BBQ Chicken Drumsticks</u> 1/2 c. Black Eyed Peas 1/2 c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk
January 26		January 27	January 28	January 29	January 30
<u>3 oz. Meatballs w/Gravy</u> 1/2 c. Glazed Carrots 1/2 c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk		<u>3 oz. Hamburger</u> 1/2 c. Baked Beans 1/2 c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>3 oz. Chicken Thigh w/Gravy</u> 1/2 c. Brown Rice 1/2 c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>8 oz. Penne Lasagna Casserole</u> 1/2 c. Peas and Carrots 1/2 c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Pork Loin w/Apple Brown Gravy</u> 1/2 c. Pinto Beans 1/2 c. Green Beans 1 sl. Whole Grain Bread 1/2 c. Applesauce 8 oz. 1% Milk

Meatballs contain **Chicken & Beef** Meatloaf & Beef Patty contain **Beef**Approved By (Project Nutritionist): *Whitney Bigras* PhD, RDN, LD/N Date: 12/11/2025

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	February 2	February 3	February 4	February 5	February 6
	<u>8 oz. Chicken Parmesan Casserole</u> ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Sweet and Sour Drumsticks</u> ½ c. Peas ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>3 oz. Pork Loin w/Mushroom Gravy</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	<u>3 oz. Sloppy Joe</u> ½ c. Baked Beans ½ c. Potato Salad 1 Hamburger Bun ½ c. Applesauce 8 oz. 1% Milk
WEEK 2	February 9	February 10	February 11	February 12	February 13
	<u>3 oz. BBQ Pork Riblet Sandwich</u> ½ c. Garlic Mashed Potatoes ½ c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk	<u>8 oz. Three Bean & Beef Chili</u> ½ c. White Rice ½ c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	<u>8 oz. Stuffed Pasta w/Spinach Alfredo</u> ½ c. Peas and Carrots ½ c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>3 oz. Meatloaf w/Brown Gravy</u> ½ c. Black Eyed Peas ½ c. Collard Greens 1 Corn Muffin 8 oz. 1% Milk	<u>3 oz. Roast Beef w/Gravy</u> ½ c. Garlic Mashed Potatoes ½ c. Brussel Sprouts 1 Dinner Roll Special Holiday Dessert 8 oz. 1% Milk <u>VALENTINE'S DAY CELEBRATION</u>
WEEK 3	February 16	February 17	February 18	February 19	February 20
	<u>8 oz. Brunswick Stew</u> ½ c. White Rice ½ c. Butternut Squash 1 sl. White Bread 8 oz. 1% Milk	<u>3 oz. Chicken w/Country Pepper Gravy</u> ½ c. Green Beans ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll ½ c. Applesauce 8 oz. 1% Milk	<u>8 oz. Spaghetti w/Meatballs Marinara</u> ½ c. Peas and Carrots ½ c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Hot Dog</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>3 oz. BBQ Chicken Drumsticks</u> ½ c. Black Eyed Peas ½ c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk
WEEK 4	February 23	February 24	February 25	February 26	February 27
	<u>3 oz. Meatballs w/Gravy</u> ½ c. Glazed Carrots ½ c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk	<u>3 oz. Hamburger</u> ½ c. Baked Beans ½ c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>3 oz. Chicken Thigh w/Gravy</u> ½ c. Brown Rice ½ c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>8 oz. Penne Lasagna Casserole</u> ½ c. Peas and Carrots ½ c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	<u>3 oz. Pork Loin w/Apple Brown Gravy</u> ½ c. Pinto Beans ½ c. Green Beans 1 sl. Whole Grain Bread ½ c. Applesauce 8 oz. 1% Milk
		February 2026 			

Meatballs contain **Chicken & Beef** Meatloaf & Beef Patty contain **Beef**

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<u>March 2</u> <u>8 oz. Chicken Parmesan Casserole</u> ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	<u>March 3</u> <u>3 oz. Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	<u>March 4</u> <u>3 oz. Sweet and Sour Drumsticks</u> ½ c. Peas ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>March 5</u> <u>3 oz. Pork Loin w/Mushroom Gravy</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Brussel Sprouts 1 Dinner Roll 8 oz. 1% Milk	<u>March 6</u> <u>3 oz. Sloppy Joe</u> ½ c. Baked Beans ½ c. Potato Salad 1 Hamburger Bun ½ c. Applesauce 8 oz. 1% Milk
	<u>March 9</u> <u>3 oz. BBQ Pork Riblet Sandwich</u> ½ c. Garlic Mashed Potatoes ½ c. Creamed Corn 1 Hamburger Bun 8 oz. 1% Milk	<u>March 10</u> <u>8 oz. Three Bean & Beef Chili</u> ½ c. White Rice ½ c. Green Beans 2 pks. Saltine Crackers (2 ct. ea.) 8 oz. 1% Milk	<u>March 11</u> <u>8 oz. Stuffed Pasta w/Spinach Alfredo</u> ½ c. Peas and Carrots ½ c. Stewed Tomatoes 1 Dinner Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>March 12</u> <u>3 oz. Meatloaf w/Brown Gravy</u> ½ c. Black Eyed Peas ½ c. Collard Greens 1 Corn Muffin 8 oz. 1% Milk	<u>March 13</u> <u>3 oz. Marinara Chicken Thigh</u> ½ c. Pasta ½ c. Country Vegetables ½ oz. Shredded Cheese 1 Whole Grain Roll 8 oz. 1% Milk
WEEK 2	<u>March 16</u> <u>8 oz. Brunswick Stew</u> ½ c. White Rice ½ c. Butternut Squash 1 sl. White Bread 8 oz. 1% Milk	<u>March 17</u> <u>8 oz. Irish Beef Stew</u> ½ c. Steamed Cabbage ½ c. Chunky Cinnamon Apples 1 Corn Muffin Margarine Cup Special Holiday Dessert 8 oz. 1% Milk <u>ST. PATRICK'S DAY CELEBRATION</u>	<u>March 18</u> <u>8 oz. Spaghetti w/Meatballs Marinara</u> ½ c. Peas and Carrots ½ c. Mandarin Orange Delight 1 Whole Grain Roll 8 oz. 1% Milk	<u>March 19</u> <u>3 oz. Hot Dog</u> ½ c. Northern Beans w/Peppers & Onion ½ c. Coleslaw 1 Hot Dog Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>March 20</u> <u>3 oz. BBQ Chicken Drumsticks</u> ½ c. Black Eyed Peas ½ c. Stewed Tomatoes 1 Corn Muffin 1 Seasonal Fresh Fruit 8 oz. 1% Milk
	<u>March 23</u> <u>3 oz. Meatballs w/Gravy</u> ½ c. Glazed Carrots ½ c. Cheesy Mashed Potatoes 1 sl. White Bread 8 oz. 1% Milk	<u>March 24</u> <u>3 oz. Hamburger</u> ½ c. Baked Beans ½ c. Confetti Corn 1 Hamburger Bun 1 pk. Ketchup/Mustard (1 ea.) 8 oz. 1% Milk	<u>March 25</u> <u>3 oz. Chicken Thigh w/Gravy</u> ½ c. Brown Rice ½ c. Stewed Tomatoes 1 Whole Grain Roll 1 Seasonal Fresh Fruit 8 oz. 1% Milk	<u>March 26</u> <u>8 oz. Penne Lasagna Casserole</u> ½ c. Peas and Carrots ½ c. Chunky Cinnamon Apples 1 Whole Grain Roll 8 oz. 1% Milk	<u>March 27</u> <u>3 oz. Pork Loin w/Apple Brown Gravy</u> ½ c. Pinto Beans ½ c. Green Beans 1 sl. Whole Grain Bread ½ c. Applesauce 8 oz. 1% Milk
WEEK 4	<u>March 30</u> <u>8 oz. Chicken Parmesan Casserole</u> ½ c. Carrot Coins ½ c. Green Beans 1 Whole Grain Roll 8 oz. 1% Milk	<u>March 31</u> <u>3 oz. Teriyaki Meatballs</u> ½ c. Brown Rice ½ c. Country Vegetables 1 Whole Grain Roll 8 oz. 1% Milk	March 2026		
	Approved By (Project Nutritionist): <u>Whitney</u> <u>PhD, RDN, LDN</u>		Meatballs contain Chicken & Beef Meatloaf & Beef Patty contain Beef		Date: <u>12/11/2025</u>